

**WEEK
ONE**

MENU KEY



ADDED PLANT
PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**OPTION
#1**

**CLASSIC
BEEF
LASAGNE**

With Garlic
Bread



**HOT WOK
CHICKEN
NOODLES**

**BUTCHERS
SAUSAGE &
MASH**

with Onion
Gravy



**CHICKEN
KORMA**

with 50/50
Rice



**BATTERED
FILLET OF
FISH**

served with
Chips & Tartare
Sauce

**OPTION
#2**

**QUORN AND
BLACK BEAN
FAJITAS**

with Rice



**CAJUN SWEET
POTATO
& SPINACH
TART**

with New Potatoes

**VEGGIE
SAUSAGE &
MASH**

with Onion
Gravy



**SWEET
POTATO,
CHICKPEA &
SPINACH TIKKA**

with 50/50
Rice



**GREEK
SPINACH &
FILO PARCELS**
and Chips

**ON THE
SIDE**

Green Beans
&
Carrots

Sweetcorn &
Roasted
Broccoli

Red Cabbage
&
Peas

Roasted
Cauliflower &
Sambals

Peas
&
Coleslaw

**DESSERT
OF THE
DAY**

**LEMON
DRIZZLE
SPONGE**

**BLONDIE
WITH
BERRIES**



**APPLE &
CHERRY
OATY
CRUMBLE**

with Custard

**FRUIT
MUFFIN**

**PINEAPPLE
UPSIDE
DOWN CAKE**

**CHECK
OUT**

OUR HOT AND
COLD GRAB &
GO SELECTION

**MEAL DEAL
PRICE**

XXX

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF
YOU HAVE AN ALLERGY AND NEED TO KNOW
WHAT'S INSIDE OUR FOOD DISHES. THEY
WILL ADVISE YOU OF YOUR AVAILABLE
CHOICES.

**PLEASE SEE OUR THEME
DAYS AND SPECIAL OFFERS**

caterlink
feeding the imagination

WEEK
TWO

MENU KEY



ADDED PLANT
PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION
#1

CHEESE AND
ONION
QUICHE

With New
Potatoes

STREET
FOOD

SPICY
CHICKEN

With Khobez and
Tabbouleh Salad

THE CLASSIC
ROAST
DINNER

with all the
trimmings

BEEF
MEATBALLS
IN TOMATO
SAUCE

with 50/50
Rice

FISHFINGERS
OR SALMON
FISHCAKES

with Chips

OPTION
#2

GREEN THAI
VEGETABLE
CURRY

with Rice



HOUMOUS
AND
FALAFEL

With Khobez
and Tabbouleh
Salad



BUTTERNUT &
BEETROOT
WELLINGTON

with Roast
Potatoes & Gravy



TOFU AND
BROCCOLI
WOK FRIED
RICE



LOADED
HOUND
DOG

with
Chips

ON THE
SIDE

Roasted
Butternut
Squash &
Cauliflower

Red Cabbage
Slaw &
Roasted
Chickpea
Salad

Broccoli
&
Sweetcorn

Carrots
&
Green Beans

Baked Beans
&
Garden Peas

DESSERT
OF THE
DAY

CINNAMON
APPLE
TURNOVER

SYRUP
SPONGE

PLUM &
VANILLA
CRUMBLE
with Custard



VANILLA
SPONGE

CARROT
CAKE

CHECK
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OUR HOT AND
COLD GRAB &
GO SELECTION

MEAL DEAL
PRICE

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WEEK
THREE

MENU KEY



ADDED PLANT
PROTEIN



VEGAN OPTION



SOURCE OF
WHOLEMEAL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION
#1

STICKY SOY
AND HONEY
NOODLES

THE MEXICAN KITCHEN

MEXICAN
BEEF CHILLI

with 50/50 Rice
or Soft Tacos

CREAMY
CHICKEN
PIE

with Crispy
Roasties &
Gravy

CHICKEN
KATSU
CURRY
with Rice

BATTERED
FISH

with Chips &
Tartare Sauce

OPTION
#2

VEGETABLE
PLAIT
with New
Potatoes and
Gravy

THE MEXICAN KITCHEN

MEXICAN
VEGETABLE
RICE

ROAST
QUORN &
YORKSHIRE
PUDDING,
Crispy Roasties
and Gravy

SMOKEY
BBQ PLANT
BALLS
with Couscous/
Spaghetti

THE BIG
PLANT
BURGER
with Chips

ON THE
SIDE

Green Beans
&
Sweetcorn

Pineapple
Salsa &
Slaw

Roasted
Carrots &
Swede

Broccoli &
Roasted
Vegetables

Garden Peas
&
Baked Beans

DESSERT
OF THE
DAY

WARM
BANANA
FLAPJACK

SCHOOL CAKE

CHOCOLATE
SHORTBREAD
CAKE

STICKY
TOFFEE
APPLE
CRUMBLE
with Custard

PANCAKES
& CHERRY
SAUCE

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